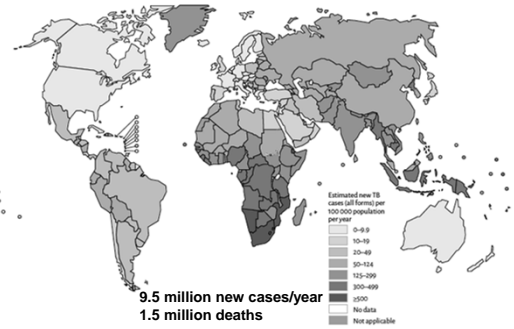


## Thinking about TB elimination at home and abroad

Neil W. Schluger, M.D.  
 Professor of Medicine, Epidemiology,  
 and Environmental Health Science  
 Columbia University

## Global tuberculosis incidence



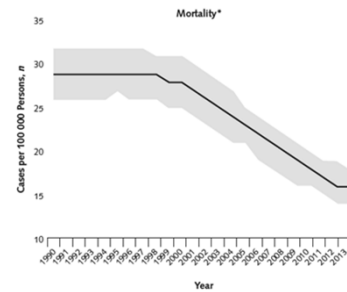
WHO, Global Tuberculosis Report 2015

## Leading causes of death in the world, 1990-2103

1990	2013
Ischemic heart disease	Ischemic heart disease
Stroke	Stroke
Lower respiratory infections	COPD
COPD	Lower respiratory infections
Diarrhea	Lung cancer
Tuberculosis	Tuberculosis
Preterm birth complications	HIV/AIDS
Lung cancer	Diarrhea
Malaria	Road injury
Road injury	Diabetes

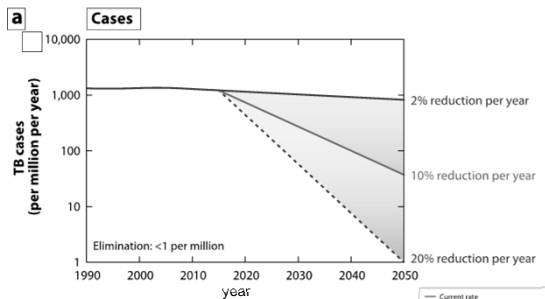
Global Burden of Disease Project, Lancet 2014; 380: 2095  
 WHO Global TB Report 2015

## Global tuberculosis mortality trends



Dirlikov, Ravigione, Scano, 2015; Ann Int Med 163: 52-58

## Trajectory of the global TB epidemic

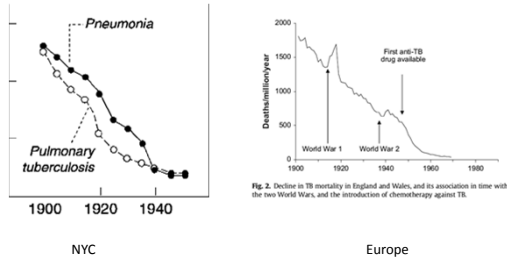


Dye et al. Ann Rev Pub Health 2013; 34: 271-286

## What we need to do to eliminate tuberculosis

- Address the social determinants of disease
- Invest in public health
- Take MDR-TB seriously
- Invest in research
- Treat latent TB on a massive scale (?)

### Trends in TB mortality in the pre-antibiotic era

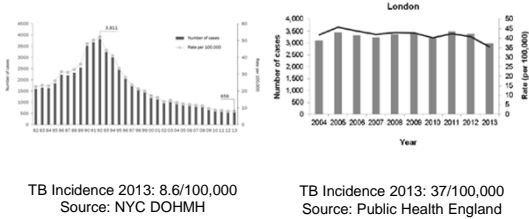


### Risk factors for progression to tuberculosis disease in high-burden countries: social determinants of disease in the 21<sup>st</sup> century

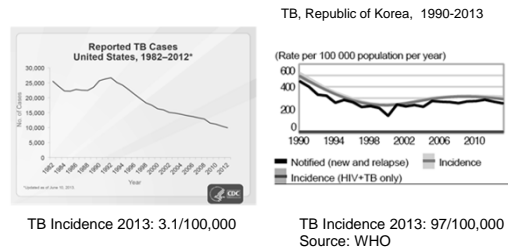
Risk factor	RR for active TB disease	PAF in adults	PAF in total population
HIV infection	20.6-26.7	16%	11%
Malnutrition	3.2	27%	27%
Diabetes	3.1	10%	7.5%
Alcohol use (>40g/day)	2.9	13%	9.8%
Active smoking	2.0	21%	16%
Indoor air pollution	1.4	22%	22%

Lonnoth et al. Lancet 2010; 375: 1814-1829

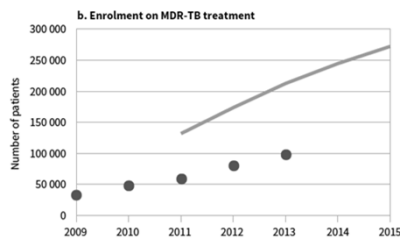
### Having a good public health TB control program is important. Really.



### I'm not kidding.



### Treatment of patients with MDR-TB in the world



WHO, Global Tuberculosis Report 2014

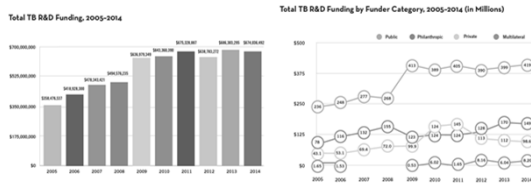
**TAG**  
Treatment Action Group

**Stop TB Partnership**

2015 Report on Tuberculosis  
 Research Funding Trends, 2005-2014:  
 A Decade of Data

November 2015  
 Treatment Action Group  
 By Mike Frick

### Total TB R&D funding, 2005-2014



### 2005-2013 NIH Funding for Selected Infectious Diseases (in USD millions)

Research Area	2005	2006	2007	2008	2009*	2010*	2011	2012	2013
Tuberculosis	\$158	\$150	\$188	\$142	\$216	\$224	\$209	\$218	\$207
HIV/AIDS	\$2,921	\$2,902	\$2,906	\$2,928	\$3,338	\$3,407	\$3,059	\$3,074	\$2,898
Malaria	\$104	\$98	\$112	\$142	\$121	\$148	\$145	\$152	\$147
Smallpox	\$187	\$149	\$142	\$94	\$98	\$97	\$41	\$40	\$30
Anthrax	\$183	\$150	\$160	\$134	\$115	\$130	\$87	\$84	\$70

### Drugs in the clinical pipeline for the world's leading causes of mortality

Leading causes of global mortality:

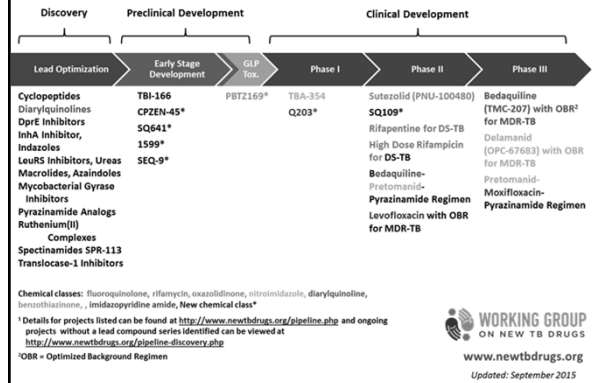
1. Ischemic heart disease
2. Stroke
3. COPD
4. Lower respiratory infection
5. Lung cancer
6. HIV/AIDS
7. Diarrhea
8. Road traffic accidents
9. Diabetes
10. Tuberculosis
11. Malaria

Drugs in clinical development:

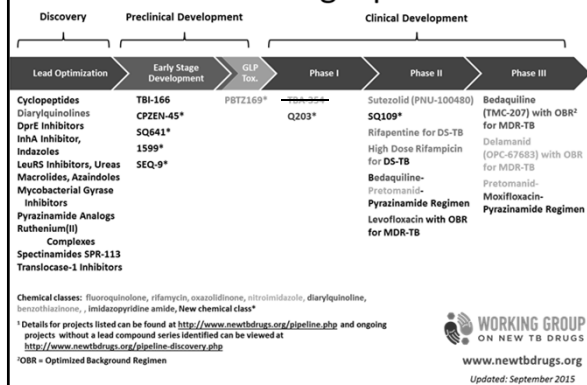
- Heart disease and stroke: >200
- COPD: >50
- Antibacterials and antivirals: 394 (drugs and vaccines) - (\*124 for pneumonia and TB)
- Cancer: 800
  - Lung Cancer: 121
  - Breast Cancer: 111
- HIV/AIDS: 44 (includes vaccines)
- Diabetes: 180
- Anti-tuberculosis: 5-8
- Anti-malarials: 6

Sources: The Global Burden of Disease Report  
The Pharmaceutical Research and Manufacturers of America ([www.pharma.org](http://www.pharma.org)), accessed Feb. 25, 2015

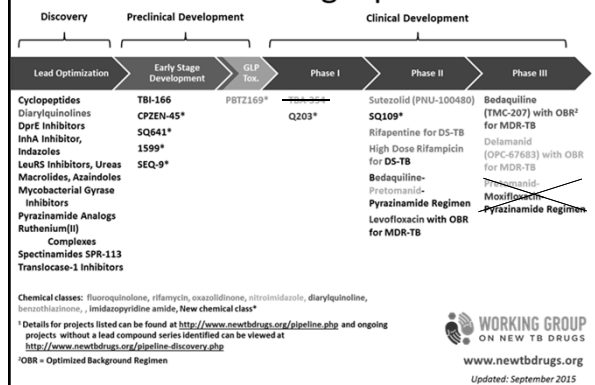
### Global TB Drug Pipeline



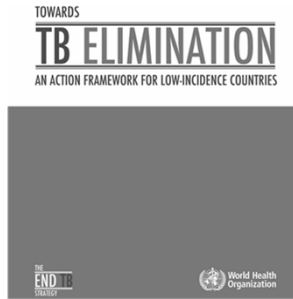
### Global TB Drug Pipeline



### Global TB Drug Pipeline



### Can treating TB help eliminate TB?



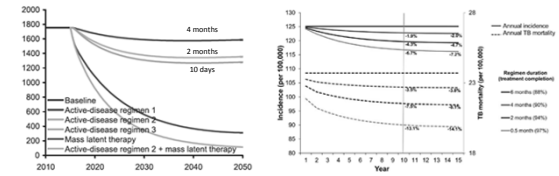
### The basic reproductive rate: $R_0$

- $R_0$  is the average number of individuals directly infected by an infectious case during his/her entire infectious period when he/she enters a totally susceptible population
- $R_0$  is the product of the effective contact rate and the average duration of infectivity
  - If  $R_0 < 1$ , the disease will eventually disappear
  - If  $R_0 = 1$ , the disease becomes endemic
  - If  $R_0 > 1$ , the disease becomes epidemic
- The net reproductive rate is a function of  $R_0$  and the proportion of the population that is immune
  - $R = R_0(1-p)$

### Reducing TB transmission by lowering $R_0$

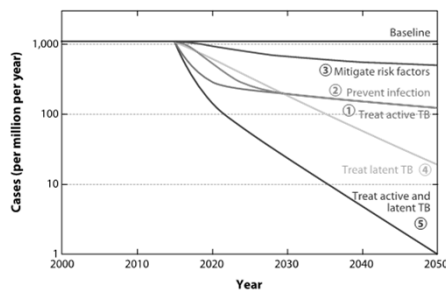
- Lowering  $b$ , the risk of transmission per contact
  - Having sick persons wear masks to prevent spread of airborne illness
  - Having contacts wear respirators to prevent spread
- Lowering  $k$ , the number of susceptible contacts
  - Social distancing (isolation/quarantine)
  - Infection control in hospitals
  - Treat HIV-infected persons with ARVs
  - Vaccination
- Lowering  $D$ , the duration of infectivity
  - Prompt diagnosis and treatment of sick persons
  - Lower the rate of development of active tuberculosis

### Will shorter treatment for active disease lead to lower incidence of TB?



Abu-Raddad et al. PNAS 2009; 1-06: 13980-13985  
Fofana et al. PLoS One 2014; 9: e96389

### Interventions and their effect on TB cases



Dye et al. Ann Rev Pub Health 2013; 34: 271-286

### What would we like new regimens for active to do?

- Shorten overall treatment duration
  - Generally associated with higher adherence and completion rates
  - Easier for patients
  - More efficient use of resources for TB control programs
- Lower relapse rates
- Have fewer adverse effects, particularly less hepatotoxicity
- Be given easily and safely in combination with antiretroviral therapy
- Be effective in treating MDR-TB/XDR-TB
- Stop transmission of TB

### Phase 3 treatment-shortening trials with quinolone-based regimens

Trial	Experimental regimen	Experimental regimen failure/relapse rate	Control failure/relapse rate
Chennai <sup>1</sup>	2QHRZ <sub>7</sub> /2QHR <sub>3</sub> Q = G or M	10-16%	6%
RIFAQUIN <sup>2</sup>	2EMRZ/2P <sub>2</sub> M <sub>2</sub>	17%	5%
OFLOTUB <sup>3</sup>	2HRPG/2HRG	14.6%	6.9%
REMox <sup>4</sup>	2MHRZ/2MHR	15-20%	7%

1. Jewahar et al. PLoS One 2013; 8: e67030  
 2. Jindani et al. N Engl J Med 2014; 371: 1599-1608  
 3. Merle et al. N Engl J Med 2014; 371: 1588-1598  
 4. Gillespie et al. N Engl J Med 2014; 371: 1577-1587

### TBTC trials of novel regimens for active tuberculosis: rifapentine

TBTC Study	Patients enrolled	Novel regimen	Standard regimen	Improvement in 2 month culture conversion
29 <sup>1</sup>	389	HPZE (10 mg/kg)	HRZE	3.0%
29X <sup>2</sup>	334	HPZE (15-20 mg/kg)	HRZE	Significant at 15 and 20 mg/kg

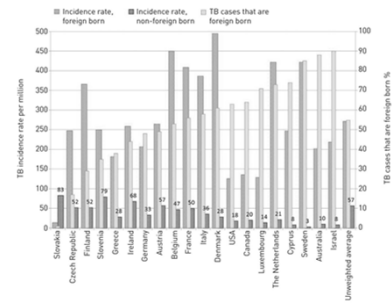
1. J Infect Dis. 2012; 206: 1030-40  
 2. AJRCCM 2015; 191:333-343

TBTC Study 31: randomized, controlled trial of two 4-month, daily 1200 mg rifapentine-containing arms compared to standard therapy in patients with smear positive, drug-susceptible pulmonary tuberculosis

4HPZE  
 4HPZM  
 2HRZE/4HR

Coming soon to a theater near you  
 Study completion 2019 (please)

### Distribution and incidence of TB cases in low-burden countries, by birthplace



Lonnroth et al. ERJ 2015; 45: 928-952

### TB among the foreign-born in the U.S.

- Foreign-born population of the U.S.: roughly 42 million
- Prevalence of LTBI in the foreign-born is 16-19%
- Most TB in foreign-born persons occurs in people who have lived in the U.S. for more than three years
- A large number of foreign-born persons would have to be tested and treated for LTBI to lower TB rates in this country
- The risk of development of active TB in any individual person with LTBI is very small

### Risk of TB in a 30 year old person from India living in the U.S. for 5 years

**The Online TST/IGRA Interpreter**

The following tool estimates the risk of active tuberculosis for an individual with a tuberculin skin test reaction of 5mm, based on further clinical analysis, is provided for adults tested with standard tuberculin (5 TU PPDT, or 2 TU RT-23) and/or a commercial interferon gamma release assay (IGRA). For more details about the algorithm used, go to the About page. The current version of the algorithm contains modifications of the original version, which was detailed in a paper by [Srinivasan et al. \(2008\)](#). For further information see [References](#) or contact [IGRA@stetson.edu](mailto:IGRA@stetson.edu)

Please select the best response for each field:

TST Size: 10-14 mm  IGRA Result: Positive

Age at immigration (of person immigrated to this TB incidence country): Age: 30  25

Country of birth: India

State/Territory: National Capital Territory of Delhi

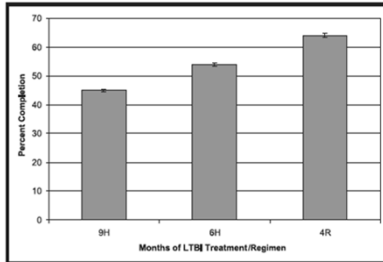
IGRA status: Vaccinated age < 5 years  For new TB, visit: [IGRA Results](#)

Recent contact with active TB: No Contact

**Results**  
 Probable version  
 Below are the results for a patient with a TST reaction of 10-14 mm and a Positive QFT-GIT, who is 30 years old, born in India, National Capital Territory of Delhi, immigrated at age 25, whose IGRA status is Vaccinated age < 5 years, and who has had no contact with active TB.  
 The likelihood that this is a true positive test (PPV) is 99.63%.  
 The annual risk of development of active tuberculosis diagnosed during the age of 30 is 0.11%.  
 The cumulative risk of active tuberculosis diagnosed during the age of 30 is 0.11%.  
 If treated with INH, the probability of clinically significant drug-induced hepatotoxicity is 0.2%, and the associated probability of hospitalization related to drug-induced hepatitis is 0.1%.

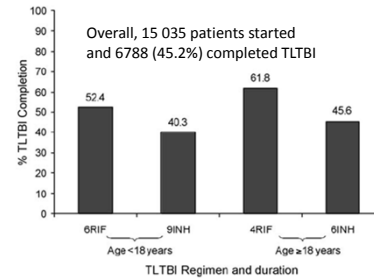
<http://www.tstin3d.com/en/calc.html>

Shorter regimens for LTBI appear to be associated with increased completion



Horsburgh et al. Chest 2010; 137: 401-409

Completion of treatment for LTBI in the NYC TB Control Program, 2002-2004



Li et al. Int J Inf Dis 2010; 14: e292-e297



Three Months of Rifapentine and Isoniazid for Latent Tuberculosis Infection

Timothy R. Sterling, M.D., M. Elsa Villarino, M.D., M.P.H., Andrey S. Borisov, M.D., M.P.H., Nong Shang, Ph.D., Fred Gordin, M.D., Erin Bliven-Sizemore, M.P.H., Judith Hackman, R.N., Carol Dukes Hamilton, M.D., Dick Menzies, M.D., Amy Kerrigan, R.N., M.S.N., Stephen E. Weis, D.O., Marc Weiner, M.D., Diane Wing, R.N., Marcus B. Conde, M.D., Lorna Bozeman, M.S., C. Robert Horsburgh, Jr., M.D., Richard E. Chaisson, M.D., for the TB Trials Consortium PREVENT TB Study Team\*

Shorter, easier, safer regimens for LTBI

- Regimens to treat LTBI will have to be very short and very safe if they are to be acceptable to large numbers of low-risk persons
- Study 26 (Prevent TB) was a giant leap forward
- We need to do even better

What we need to do to eliminate tuberculosis

- Address the social determinants of disease
- Invest in public health
- Take MDR-TB seriously
- Invest in research
- Treat latent TB on a massive scale (?)