Elizabeth Treston was elected to the City Council of the City of Long Beach, beginning her term on January 1, 2020. She now serves as Vice President.

After a traumatic accident leaving her a quadriplegic Ms. Treston completed her studies and went to work at United Cerebral Palsy of Nassau, Inc. She spent most of her career working with non-verbal children and adults providing skills and equipment for alternative and augmented communication.

An expert on resiliency and preparedness, Elizabeth has been a strong advocate for all residents in Long Beach in advocating and attaining resources from disaster recovery groups in the aftermath of Superstorm Sandy.

Rather than letting her challenges consume her, they galvanized her. She led the efforts to form the Long Beach Community Organizations Active in Disasters (LB COAD), a group that assists residents after natural disasters have left them reeling. Through this group, she has hosted public forums on how to navigate the notoriously challenging NY Rising program, aggregated information and distributed resources to help people with the recovery process. As the chairwoman of LB COAD, Treston has kept the pressure on elected officials to address the issues of contractor fraud, looming NY Rising deadlines and several other issues – which many Sandy victims are still struggling.

Ms. Treston is the former board chair of Heartfire, Inc. a non-profit organization dedicated to preserving the artist as a catalyst for personal and global evolution. The director of this program stated. "Ms. Treston is a consummate professional and strong yet humble leader in every room she enters. I have witnessed over the years her ability to communicate with intelligence, compassion, professionalism and humor with profoundly diverse populations. She is extremely reliable and when challenges arise never retreats".

She is a current board member for Sustain Our Abilities. An international non-profit addressing climate justice and issues of climate change throughout the world. Ms. Treston's passion and commitment to accessibility for all, compliance of universal design standards and unabashed advocacy for children and adults across the board has improved the lives and enriched many communities.

She is also a volunteer speaker and team partner with Canine Companions for Independence. Her current partner is MacGyver II.