













## What is Doxy-PEP?

A way to lower your chance of getting a sexually-transmitted infection (STI) such as gonorrhea, chlamydia and syphilis by taking an antibiotic called doxycycline after condomless sex.

Below is an example of how to take **Doxy-PEP**. This schedule can vary depending on when and how you have sex.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NO SEX 	SEX 	SEX multiple times 	SEX 	NO SEX 	NO SEX 	SEX 
	 Doxy-PEP 200 mg	 Doxy-PEP 200 mg	Forgot pills			 Doxy-PEP 200 mg

**Sex** = oral, anal or vaginal/front-hole sex where a condom isn't used for the entire time.

 = 200mg of doxycycline (two 100mg pills). No more than 200mg should be taken every 24 hours, even if you have sex multiple times in a day.

If you forget to take your Doxy-PEP after sex and have sex again within 72 hours, simply take a 200mg dose now. No need for multiple doses.

You have up until 72 hours after sex to take Doxy-PEP, but it's best to take it as close to sex as possible.

Doxy-PEP is not 100% effective, so you will still need to get tested for STIs regularly. It is NOT the same as STI treatment.

Doxy-PEP does not protect against HIV. It is NOT the same as HIV PrEP or HIV PEP

## How to take Doxy-PEP



Doxy may increase sun sensitivity; use sunscreen for protection.



Take with a large glass of water and food to ease stomach upset.



Remain upright for 30 minutes after taking to minimize stomach irritation.



Wait 2 hours before taking dairy, calcium, vitamins, or antacids after taking doxy. Fiber intake is fine.

## Come in for STI Testing If....

- You have symptoms of an STI. In this case do **NOT** take Doxy-PEP.
- Your partner tells you they have an STI.

## Things we are still learning about Doxy-PEP:

- The long term effects of Doxy-PEP on the bacteria we already have in our intestines and on our skin.
- Whether using Doxy-PEP will make it harder to treat bacterial infections with doxycycline in the future.