

Sexual Health Educational Materials for Young People

Updated August 2024

Resources for Healthcare Providers (including those to print or purchase):

- [Advocates for Youth](#)
 - Fact Sheets
 - [PrEP](#) (doesn't include information on 2-1-1 or CAB-LA)
 - [ART and young people](#)
 - [PEP](#)
 - I think I might be... [bisexual](#), [gay](#), [lesbian](#), [transgender](#), [asexual](#)
 - [Materials to purchase](#)
 - [Adolescent Reproductive and Sexual Health Education Project](#)
 - Comprehensive educational tool for adolescent reproductive and sexual health
- [CDC STI Fact Sheets](#)
 - Online and printable versions - multiple pages each
 - [CDC Get Yourself Tested](#) - for teens
 - Posters that can be customized encouraging teens to get tested for STIs
- [American Sexual Health Association \(ASHA\)](#)
 - [Digital Patient Education Materials on Sexual Health](#)
 - Annual fee provides access to many patient materials, updated as needed
- [National Coalition for Sexual Health](#)
 - Resources for [healthcare providers](#)
 - [PDF about extragenital testing](#) for patients
 - [Resources about adolescents and young adults](#)
- [Society for Adolescent Health and Medicine](#)
 - [PDF one page reference sheets](#) - requires SAHM account
 - List of additional online resources
- [National LGBTQIA+ Health Education Center](#)
 - [Educational materials for providers](#) around working with LGBTQIA+ young people
 - [Brochure for young people](#) - talking to your provider about being LGBTQ
- [Power to Decide](#)
 - [Educational materials](#) for healthcare providers
- [Adolescent Health Initiative](#)
 - [Starter guides](#) - mini toolkits to improve adolescents' care
 - [Youth-friendly materials](#) (posters, etc.)
- [Bedsider](#)
 - [For providers](#)
- [ETR](#)
 - ETR focuses on improving health outcomes and advancing health equity - large focus on sexual and reproductive health
 - [Store](#) - pamphlets, brochures, and more on STIs and sexual health topics - some geared specifically to young people
- NYC Department of Health & Mental Hygiene
 - Patient educational materials: [STIs](#) (not specific to young people)

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Websites with Information for Young People:

- [Advocates for Youth](#)
 - Resources including fact sheets and health information – a good amount on sexual health topics including abortion, contraception, HIV, PEP and PrEP, sexual orientation and gender identity
- [Planned Parenthood](#)
 - [General sexual health resources](#) as well as many geared towards [teens](#)
- [Amaze](#)
 - Medically accurate, age-appropriate, affirming, and honest sex education for young adolescents – videos
- [Scarleteen](#)
 - Inclusive, comprehensive, supportive sexuality and relationships info for teens and emerging adults – articles
- [Sex, etc.](#)
 - Comprehensive sex ed for teens and by teens – stories, blog, forums, videos, and more
 - [Sex in the States](#) – state-by-state laws around sexual health for young people
 - Published by [Answer](#)
- [Power to Decide](#)
 - Focused on decreasing unplanned pregnancies
 - [Teen Talk](#)
- [Bedsider](#)
 - Sexual health resource for young people – birth control, abortion, relationships and more
- [Go Ask Alice](#)
 - Health-focused Q&A site for young people
- [I Wanna Know](#)
 - Sexual health information for teens and young adults – STIs, healthy relationships, sexual health, and more
- [It Gets Better](#)
 - Anti-bullying/LGBTQIA+ youth empowerment initiative
 - [Queer Sex Ed](#)